



The Timberline



Monthly Newsletter of TIMBERCREST Senior Living Community
December 2018

Festival of Trees

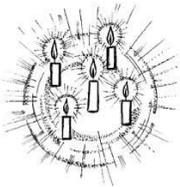
We welcome our friends and neighbors once again to the annual Festival of Trees, **Saturday, December 1, from 10 a.m. to 3 p.m.** The whole campus is festooned with garland, lights, trees and wreaths. There will be many, many guests in the Manor – help spread Christmas cheer to everyone! ☺

Here are a few items of interest:

- * The “Canned Food Tree” will again be near the Receptionist as a place for collecting food for the Fellowship of Churches Food Pantry. Items can be brought before the Festival of Trees and through December 21.
- * The Tree of Remembrance is a new tree this year, honoring the memories of our Timbercrest loved ones who died in 2018. The Timbercrest Ceramics Group made the personalized ornaments for the tree.
- * A Children’s Candyland will be located in the Rose Garden Lounge. This will be a place for face painting and other activities for kids. (The puzzle table will be temporarily relocated in C Wing Lounge.)
- * Santa’s Room will remain in the Sun Room, but seating by the Hub Fireplace will be temporarily moved in an effort to better control the traffic flow. Last year nearly 500 children saw Santa at Timbercrest!
- * Cocoa Bars will again be located in the Rose Garden Dining Room and Snack Shop. For those who eat in the Rose Garden, there will be some seating adjustments due to the hot cocoa bar.



COFFEE IN
Friday, December 21
9:30 a.m. in the Snack Shop
 Featuring Doughnuts from
 Rise-N-Roll Bakery
 No sign-up needed, just
 show up! ☺



Advent Devotionals Available

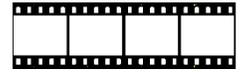
The season of Advent in the Church Year is a time of waiting and anticipating the coming of Jesus into our world. During Advent, a table in the Sun Room (off the Hub) and a table in the Chapel foyer will provide a simple space for devotion and prayer. The Church of the Brethren Advent Devotional will be available to use at each table.

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Timbercrest Film Committee Presents
December Films



Friday, December 14: *Victoria and Abdul*

7:00 p.m., Assembly Room
1:50 hours, with captions

The relationship between Queen Victoria (Judi Dench) and her handsome, young Indian attendant Abdul Karim (Ali Kazal) was deemed so controversial and scandalous by her family members that, upon the monarch's death in 1901, they scrubbed his existence from royal history. According to *The Telegraph*, Victoria's son Edward immediately demanded that any letters between the two found on the royal premises be burned. The family evicted Karim from the home the queen had given him, and deported him back to India.

Victoria's daughter Beatrice erased all reference to Karim in the Queen's journals—a painstaking endeavor given Victoria's decade-plus relationship with Karim, whom she considered her closest confidante. The royal family's eradication of Karim was so thorough that a full 100 years would pass before an eagle-eyed journalist noticed a strange clue left in Victoria's summer home—and her consequential

investigation led to the discovery of Victoria's relationship with Karim.

But why was the relationship so controversial—beyond the interclass curiosity of the Queen of England confiding in a servant—that it warranted full censure?

Christmas Day Tuesday, December 25:

Yes, Virginia, there is a Santa Claus

7:00 p.m., Assembly Room
1:30 hours, with captions

The classic Christmas letter and legend, but based on a true story!

While newspaper writer Francis Church struggles with the death of his wife, he receives a "special" assignment. He must answer a little girl's question about whether Santa Claus really exists. A heartwarming, beautifully-acted tale with a beloved cast. This is one holiday message the entire family will not want to miss. The movie includes Richard Thomas, Charles Bronson, Ed Asner and Katharine Isabelle.

EvangelSong

Wednesdays at 4:00 p.m.
Timbercrest Chapel

- December 5 *A Christmas Drama*
Kayla Brumbaugh, Deja Lung and Lauren Gray
- December 12 *Holden Advent Service*
Sabine Thomas with Manchester Church of the Brethren
- December 19 *A Taste of Handel*
Brian Daniels, narrator; check Bulletin Boards for soloists and musicians
- December 26 *Christmas in Hiroshima at the World Friendship Center* – Liz Hoffman Bauer, Charles Albert and Bev and Joel Eikenberry

Handel's *Messiah* Performed at Huntington

The Christmas section Handel's oratorio of Christ, *Messiah*, will be performed by the Huntington University Chorale and the Huntington Community Chorus and Orchestra **Sunday, December 2, at 7:30 p.m.** at St. Mary's Catholic Church, 903 N. Jefferson, Huntington. Timbercrest transportation will depart from the Hub at 6:30 p.m. There is no admission charge. Sign up in the Notebooks at the Dining Rooms. Questions? Contact Brian Daniels, 982-3940 or bdaniels@timbercrest.org

Memoir Writing

Join the Memoir Writing Group with Jane Starner **Thursday, December 6, at 3:30 p.m.** in the Snack Shop. This will be the only meeting of the group in December; however, there are plans to keep the group going in January 2019. Questions? Contact Jane at (423)298-4569.

Sewing Sisters Meet

Faithful to help others, the Sewing Sisters meet **Monday, December 3, at 1:00 p.m.** in the Quilt Room. Contact Mary Ritchey, 982-2112 for more information.

Letters to the Editor Writing Group

Have you ever thought about writing a Letter to the Editor of newspapers but weren't sure how to be effective or where to send it or what reaction you might get? Seniors for Peace is sponsoring a meeting **Monday, December 3, at 1:30 p.m.** in B Wing Lounge to give some tips, share ideas, develop resources and support each other in this pursuit. Questions? Contact: Dean Beery, (260)224-0221.

Knitting/Crocheting Class

The Knitting and Crocheting Class will be offered only once this month, **Wednesday, December 5, at 1:30 p.m.** in the G Wing Lounge. Questions? Contact Marianne Shenefield, 982-3959.

Fred Walker Performs

The Family Room is the setting for singer Fred Walker, **Tuesday, December 4, at 2:00 p.m.** Walker sings *Songs We Can't Forget*, vintage songs chosen with great care, accompanied by his tenor voice and acoustic guitar. On occasion he adds a ukulele, a harmonica or an autoharp. He takes requests,

encourages sing-a-longs and is easy to understand. He performs nearly 500 programs a year, and his music takes him to several Midwest states. This program is in the Health Care Family Room, but is open to everyone at Timbercrest. Questions? Contact Marianne Shenefield (982-3959) or Deja Lung (982-3930).

Wellness Assessments Announced

Fullerton Fitness and Advanced Balance assessments are offered by MoveWell spokesperson Cathy Vasil **Thursday, December 6, from 9:00 a.m. to 3:00 p.m.**, by appointment, in C Wing Lounge. Sign up with the Timbercrest Receptionist. Assessments last about 15 minutes and there is no charge. Many have already had this assessment. Bring previous results to track progress. Custom exercise regimens based on individual needs and goals are offered to help improve strength and flexibility.

Churches Host Lunch with Pastors

The following congregations are having lunch with their pastors this month:

- ♣ *First Brethren Church, Monday, December 3, 12:15 p.m.*, Snack Shop; RSVP to Dottie Urschel, 982-4578
- ♣ *Manchester Church of the Brethren, Wednesday December 5, Noon*, Assembly Room; sign up in the Notebooks at the Dining Rooms; Contact Ernie Barr, 982-7862.
- ♣ *Eel River Community Church of the Brethren, Thursday, December 6, Noon*, Snack Shop; sign up in the Notebooks at the Dining Rooms; Contact Carolyn Bollinger, 982-2722.

Grief Group

“One secret to handling the holidays is to stay in the present moment as much as possible. Savor what there is to savor, however small. Accept the warmth that is yours to receive, however fleeting. Cry if tears are near, then let them pass and see what else you will feel... You’ll be consecrating what your loved one has brought to your life, and you’ll be doing your own mending at the same time.”

~James Miller, *How Will I Get Through the Holidays?*

If you desire to connect with others who are grieving, to journey down the winding road of loss with good companions on a similar journey, join the Grief Support Group, **Thursday, December 6, at 2:00 p.m.**, in B Lounge. If you have questions or just want to talk, contact Laura Stone, 982-3938 or lstone@timbercrest.org.

Brain Fitness Review Day

The fall series for Brain Fitness, Secrets for Memory, was interrupted and rescheduled several times, so a day to watch all six lectures has been set **Friday, December 7** in the Chapel. You may come to just one or all of the video lectures, even if you did not make it to the regularly scheduled times. Here is the schedule:

10:35 a.m.	Your Amazing Prehistoric Memory
11:10 a.m.	Encoding Information with Images
1:30 p.m.	Maximizing Short- and Long-term Memory
2:05 p.m.	When and When We Forget
2:40 p.m.	Keeping Your Whole Brain in Peak Condition
3:15 p.m.	Human Memory is Reconstruction, Not Replay

Book Club Meets

Discuss books and novels of social relevance at the Book Club, **Monday, December 10, at 2:30 p.m.** in the Guest Dining Room (note the later start time this month only). Books are provided, and the club sometimes has other activities in the month. Questions? Contact Marianne Shenefield, 982-3959.

God's All-Community Choir

Area singers join together as God's All-Community Choir. They will perform "Good News from Home," a Christmas musical, on **Saturday, December 8, at 1:30 p.m.** in the Assembly Room. The choir is under direction of Pastor Kent Harting, who serves Ijamsville and Center United Methodist Churches. The choir blends traditional sounds of the season with contemporary music that brings joy to the audience (and the singers!).

Old German Baptist Hymn Sing

Join area Old German Baptists for a hymn sing on **Sunday, December 9, at 7:00 p.m.** in the Assembly Room. Hymnals are provided; you can bring your own hymnal, too, since many of the hymns to be sung are common to many hymn books. The singing is a capella and a treat for those who participate.

Wabash Musicale to Perform at NMHS

The North Manchester Historical Society presents the Wabash Musicale on **Monday, December 10, at 6:30 p.m.** in the Assembly Room. The Musicale's program is filled with entertainment and music of the season.

Christmas In Our Town is the program's theme by the group's twenty-five members. These talented women come from area communities and enjoy holiday music with good friends. The Wabash Musicale meets monthly during the school year to perform for each other. The late Evelyn Magner founded the group in 1967 to encourage musicians to continue to practice and to enjoy singing and playing their instruments. There are still three charter members active in the group. For nearly 50 years, the club has presented Christmas programs for the public at the Woman's Club House in Wabash.



The program at Timbercrest features vocal soloist Kris Stephens, clarinetists Sarah See and Barb Biehl, pianists Eileen Dye and Susan Vanlandingham, and a vocal sextet. Carolyn Eppley directs the twenty-two member chorus. Beth Perkins wrote the script for the show.

Each year the Historical Society provides a very nice Christmas program as a means of saying "Thank you" to Timbercrest for allowing NMHS to have its monthly meetings here.

Lunch Out: The Boathouse

December Lunch Out is to the scenic and popular Boathouse Restaurant in Winona Lake, **Tuesday, December 11**, departing from the Hub at **11:15 a.m.** (so choir members can go).

Dine in an upscale, casual setting with an exquisite view of Winona Lake. Winter offers especially beautiful sights from the restaurant's large windows overlooking the lake. The extensive menu includes steaks, seafood, ribs, chops, pasta and gourmet sandwiches. Salads and soups are also available. A complete menu can be found at www.boathouseatwinona.com

Meal cost and gratuity are on your own. Sign up in the Notebooks outside the Dining Rooms. Questions? Contact Rhonda Nettrouer, 982-3925, or rnettrouer@timbercrest.org



Nineties Club Christmas Luncheon

The Nineties Club will enjoy Christmas lunch together **Tuesday, December 11, at Noon** in the Assembly Room. After dinner, euphonium player Glenn Welch will perform. A Ludington, Mich., native, Welch is from Western Michigan University and became a Bandmaster in the Salvation Army most recently in Marion, Indiana. He has appeared as a euphonium soloist across ten states and has been active as a summer music camp clinician. As a composer and arranger, his works have been performed by Salvation Army groups such as the Chicago Staff Band, the Caribbean Music Institute Band and the New Zealand National Youth Band. His arrangements have been on CDs and published by the Salvation Army in Chicago. RSVP for lunch on the invitation you received in Campus Mail or by calling the Receptionist, 982-2118.

Mid-Week Break

Join Timbercrest friends in the Snack Shop on **Wednesdays** from **2:00-3:00 p.m.**

December 5 Holiday Party Mix

December 12 Waffle and Sugar Cones (ice cream)

December 19 No Snack Shop: refreshments served at the All-Resident Christmas Party

December 26 Popcorn Parlor

State-Issued ID Service

Are you interested in having an Indiana-issued identification card? Some may have let their driver's license lapse after selling their car and need an ID in some circumstances (including some purchases). For those who may need a new ID card, a trip to the Wabash Office of the Bureau of Motor Vehicles is planned **Wednesday, December 12**, departing from the Hub at **1:30 p.m.** Sign up in the Notebooks in the Dining Rooms to go. For a list of necessary documents to obtain an ID, see Marianne Shenefield in her office at the Hub or call 982-3959.

Civic Band Presents Christmas Favorites

The North Manchester Civic Band will present their annual program of Christmas favorites **Wednesday, December 12, at 6:45 p.m.** in the Assembly Room. The band is a local favorite and its members are well-known to Timbercrest.

Crestwood Family Christmas Dinner

Residents of Crestwood and their family members will celebrate with a family meal **Wednesday, December 12, at 5:00 p.m. in Crestwood.** Invitations have been sent out. RSVP to Janice Bradley, 982-3953, or the Crestwood Nurses Station, 982-3937. After the meal, everyone will go to the Civic Band concert.

Technology Users Group: Windows Tasks

The December Technology Users Group (TUG) meeting is **Monday, December 17, at 10:15 a.m.** in the Conference Room (west basement). All technology users are welcome. There will be time to ask technology-related questions. The monthly "TUG Tip"

will be a demonstration of Window's Task Manager by Gary Heisler. Task Manager is a utility program which can end tasks that won't exit normally (very useful if "trapped" in a help scam browser window). Other Task Manager features will also be demonstrated.

Art Class with Jena Oke

Art lessons with Prof. Jena Oke will be **Monday, December 17, at 2:00 p.m.** in the Snack Shop. Sign up in the Notebooks at the Dining Rooms or contact Marianne Shenefield, 982-3959.

Take a Yuletide Stroll

Looking for a relaxing holiday activity? Enjoy Charley Creek Gardens Annual Yule Time Stroll thru their lighted Gardens, **Thursday, December 20**, departing from the Hub at **6:00 p.m.** Hot cocoa and cookies will be served in the Charley Creek Gardens Education and Resource Center at the end of the stroll. Remember to bundle up! ☺ This is free to the public. Golf carts will be available. Charley Creek is located in Wabash.

The trip is limited to 12 residents. Sign up in the Notebooks outside of the Dining Rooms. Questions? Contact Rhonda Nettrouer, 982-3925.

Ceramics Group

Have creative fun with the Ceramics Group **Mondays and Wednesdays** at **1:30 p.m.** in the Craft Room in the west basement. They make ceramics for sale at the Festival of Trees, in the Neighborhood Market and for personal enjoyment. They made ornaments for the Remembrance Tree this year. There is no charge unless you want to purchase what you made. Contact Marianne Shenefield, 982-3959, if you have questions.

Power Walking Adds A Time

Power Walking, a program of walking in place for aerobic activity, is every **Tuesday at 3:30 p.m.** in the Recreation Room. The Tuesday session is a one-mile walk. A second Power Walk time has been added **Thursdays at 10 a.m.**, also in the Recreation Room. This second session will be a two-mile walk. All "Power Walks" are led on video by Leslie Sansone. Participants should be able to be on their feet for 20-30 minutes. Some of the walking involves using stretchy bands or small weights. Questions? Contact Brian Daniels, 982-3940.



Shop-portunities!

- ☞ **Mondays**, departing from the Hub at **9:30 a.m.**; New Market and Dollar General; if you can't go, leave a detailed shopping list in Marianne Shenefield's Office at the Hub; Note: there will be no shopping Monday, December 24 (Christmas Eve); there *will* be shopping December 31 (New Year's Eve).
- ☞ **Thursdays**, departing from the Hub at **9:30 a.m.**; CVS and Manchester Marketplace; if you can't go, leave a detailed shopping list in Marianne Shenefield's Office at the Hub
- ☞ **Thursday, December 13**, departing from the Hub at **1:30 p.m.**; Walmart in Wabash; if you can't go, leave a detailed shopping list *in Campus Mail only*. Sign up in the Notebooks at the Dining Rooms to go.

What do we mean by "a detailed shopping list"? ☺ On your list, be sure to include sizes, quantities, colors, etc. and whether or not you'd like to have a substitution (e.g. a store brand if a name brand is unavailable). Also, include your phone number in case the shopper needs to reach you with questions. A price range can be helpful also. Sometimes a store may have a special (Buy one, get one half-price) – you might indicate if you'd like the shopper to take advantage of specials like this.

Also, "taxi" service is available on the Thursday morning shopping trip. This is a drop-off service where the shopper will leave you at another stop and pick you back up after shopping is finished. Stops might include the North Manchester Public Library, One World Gifts, Cottage Creations, Webb's Family Pharmacy, etc.

Special Program Christmas Day

Narrow Path, a family Gospel music group, will perform at Timbercrest on Christmas Day, **December 25, at 2:00 p.m.**, Assembly Room. This family ministry enjoys sharing their lives with others, especially during the holidays. Their gentle style tells the Christmas story in a Gaither-like musical manner. They plan to have gifts and other fun items for those who join them.

Richard and LaDonna Hagadon come to us from Ambia, a small town on the Indiana-Illinois border. With their children, they travel to senior centers, long-term care facilities and retirement communities as a special charism they have.



Christmas Program with Royce Eckhardt

Royce and Marjorie Eckhardt will help celebrate the Twelve Days of Christmas with an Organ Concert, **Saturday, December 29, 2:00 p.m.**, in the Chapel. Eckhardts have performed at Timbercrest before; they are nationally renowned for their professionalism and interpretive sense.

Royce has been a conductor, composer, arranger, hymnal editor, teacher and hymnologist for over fifty years in Evangelical Covenant churches in Seattle, New Britain, Winnetka and Hinsdale, Illinois. He served on hymnal commissions that produced *The Covenant Hymnal* (1973) *The Covenant Hymnal: A*

Worshipbook (1996). His many hymn arrangements, harmonizations and tunes appear in nine American hymnals. He is also a published composer of several organ and choral works.

Marjorie Eckhardt has pursued music as an avocation, having served as a high school teacher and nearly twenty years as assistant to the president of Garrett-Evangelical Theological Seminary in Evanston, Illinois. Marjorie has served as choral accompanist with Royce at churches in Hinsdale and Winnetka, Illinois.



New Year's Eve Party

Join friends and neighbors at the Timbercrest New Year's Eve Party, **Monday, December 31, from 6:00-8:00 p.m.** in the Assembly Room.

2019 rings in at Midnight Greenwich Mean Time, which is 7:00 p.m. Indiana time. New Year's fireworks and other scenes from London, England, will be shown by live-stream on the big screen.

The room will have table-games, refreshments, places to sit and visit and light entertainment until 8:00 p.m.

There will also a "resolution box" for you to write a resolution for 2019. Put your resolution in the box and it will be sent to you in Campus Mail on June 30.

Welcome to the Family

Chapel Speakers

The Timbercrest community shares devotions daily (except Wednesdays) at 8:15 a.m. in the Chapel.

Dates in **BOLD** are Wednesdays
EvenSong at 4:15 p.m.

Dates in *ITALICS* are Sundays,
which starts at 9:00 a.m.

Day/Date	Speaker
<i>Dec. 2</i>	<i>Laura Stone</i>
Dec. 3	Eric Smith
Dec. 4	
Dec. 5	EvenSong
Dec. 6	Kurt Stout
Dec. 7	Craig Alan Myers
<i>Dec. 9</i>	<i>Jeff Copp</i>
Dec. 10	Dick Long
Dec. 11	Bekah Houff
Dec. 12	EvenSong
Dec. 13	Ron Burns
Dec. 14	
<i>Dec. 16</i>	<i>Audri Fuentes Svay</i>
Dec. 17	Sabine Thomas
Dec. 18	Brandon Johnson?
Dec. 19	EvenSong
Dec. 20	
Dec. 21	David Lawrenz
<i>Dec. 23</i>	<i>Mary Riccius</i>
Dec. 24	Kent Harting
Dec. 25	Christmas Day
Dec. 26	EvenSong
Dec. 27	Laura Stone
Dec. 28	Russ Reahard
<i>Dec. 30</i>	<i>Patrick Paris</i>
Dec. 31	Art Hunn

Buford Baker moved to J-7 on September 27 from his home in the South Whitley area. He joins his sister Peg Workman and brothers Jack and Jim at Timbercrest. Buford worked in transportation for Magnavox in Fort Wayne. He has spent many years mentoring local youngsters and foreign students in several organizations and schools.

Winnie Toledo moved to M-8 on September 28 from her home in Bear Lake, Michigan. Winnie worked as a nurse in Puerto Rico and taught nursing at a community college in Michigan for 24 years. She likes to read, sew, and play the piano and organ. Winnie attends the Manchester Church of the Brethren.

Roma Van Lue moved to M-14 on October 23 from Roann. She and her late husband ran an auction business, raised Suffolk sheep, and worked a family farm. Roma enjoys watching birds and walking. She attends Emmanuel United Methodist Church.

*More complete life stories of
Timbercrest residents, plus
photos, can be found in binders
on the desk across from the
Timbercrest library.*

BINGO
Wednesdays and Fridays
11:00 a.m.
 Assembly Room
 (except December 5 in the
 Snack Shop and December 21,
 canceled due to Coffee In)

Neighborhood Market to Close for Inventory

The annual inventory of the Neighborhood Market will take place **Thursday and Friday, December 27 and 28**. If you need items from the market, be sure to make your purchases by Wednesday, December 26. The market will re-open regular hours Saturday, December 29.

Peace Corner

Advent Thoughts from Pope St. John Paul II

“...The season of Advent begins, the journey of spiritual renewal in preparation for Christmas. The voices of the prophets who proclaim the Messiah ring out in the liturgy asking for conversion of heart and for prayer. John the



Baptist, the last of these and the greatest, cries out: *Prepare the way of the Lord!* (Luke 3:4), because *He will come to visit His people in peace.*

Come Christ, Prince of Peace! Preparing for His birth means reawakening the hope of peace in ourselves and throughout the world. Build peace in hearts first of all, by laying down weapons of rancor, revenge, and every form of selfishness.

(From *Angelus*, Nov.30, 2003)

- ✘ Consider your own faith this Advent... where might you benefit from “spiritual renewal”?
- ✘ As Christ came to “visit His people in peace,” who might you peacefully visit during Advent? There are many lonely or feeling down at Timbercrest during the holidays - a peaceful visit may be just what they need.
- ✘ Take up a new habit in Advent to help peacemaking or spiritual renewal: attend Chapel services and/or EvenSong, write a note daily to someone who would love to hear from you, share Christmas cookies with your neighbors on the wing or street where you live.

From the Desk of Sabine Thomas

The Open Enrollment Period for Medicare continues until December 7. During this time you can choose a new prescription drug plan, also known as Medicare Part D.

- **Part D** helps pay for prescription drugs you use at home. You can get this coverage in one of two ways: 1) Join a private “stand-alone” Part D drug plan for an additional monthly premium (if you are enrolled in traditional Medicare); or 2) Enroll in a Medicare Advantage plan that includes Part D coverage in its benefits package. Part D evaluations are based on your current prescription medications and the pharmacy you elect for filling your prescription orders.
- **Part A** helps pay for stays in hospitals and skilled nursing facilities, home health services, and hospice care, as long as certain conditions are met. You don't pay monthly premiums for Part A if you (or your spouse) paid sufficient Medicare payroll taxes while working. Otherwise, you can buy Part A services by paying monthly premiums.
- **Part B** helps pay for doctors' services (both in and out of the hospital) and outpatient care such as lab work and screenings. It also covers some medical equipment and supplies, such as wheelchairs and oxygen, if certain conditions are met, and most drugs or vaccines administered in a doctor's office. There are monthly premiums for Part B, unless your income is limited enough to qualify for state assistance. Medicare typically pays 80 percent of the Medicare-approved cost of each service, and you pay 20 percent — unless you have supplemental insurance that covers these out-of-pocket expenses.
- **Part C** provides an alternative way to receive Medicare-type services through private insurance companies. These plans cover the same services as traditional Medicare Part A. Some plans include Part D drug coverage and/or some extras, such as routine dental, vision and hearing care. There may be a monthly premium (in addition to the Part B premium). These plans are also known as Medicare Advantage Plans. Some restrict your choice to in-network providers; or charge higher copays for going out-of-network.

While Timbercrest is actively working to become a network provider for Medicare Advantage Plans, there is no guarantee that this will be accomplished in 2019. This means that Timbercrest and our on-site therapy provider, HTS, are out-of-network providers by Advantage Plans (which usually translates into higher co-pays for skilled in-patient care or out-patient therapy services).

Need assistance with prescription drug plan evaluations? Contact me by December 3. My phone is 982-3939 or email is stthomas@timbercrest.org My office is near the Hub, across from the Residential Nurses Station.

Sabine A. Thomas, HFA, Director of Resident Care, also serves as Timbercrest's “Administrator of Record” during our interim period.

Notices

April Stoltz Named Director of Nursing

April Stoltz will be the new Timbercrest Director of Nursing, joining the team in mid-December. Interim CEO Jay Shetler made the announcement November 15.

Stoltz currently serves as Director of Post-Acute Services at Wellbrooke of Kokomo. She has provided clinical oversight to a 100-bed operation including long-term care and assisted-living beds and a 49-bed post-acute care unit. She directly supervised 60 nurses and CNAs. April also brings several years of work experience in hospice and hospital settings. She completed her education at Ivy Tech.

In addition, Stoltz is a Wound Care-Certified Registered Nurse and has a CPR certification and is certified to administer and read TB vaccinations.

She will bring to Timbercrest her strengths in case management, quality assurance, policy and program development skills, a deep understanding of regulations, patient-focused care and problem-solving skills.

“We look forward to working with April to build a strong, high-functioning nursing department,” Jay Shetler stated. “Together we will work to make Timbercrest the employer of choice in our region.”

Jay added “my deep appreciation to Stephanie Westendorf, our Assistant DON, for stepping up and filling in for us during this lengthy search. And thank you to the rest of the Nursing Department for your patience and understanding as we worked to find the best qualified candidate to fill the DON position.”

Heather Cruz is Marketing Coordinator

A familiar face at Timbercrest has been named Marketing Coordinator: Heather Cruz. Heather has been Nursing Administrative Coordinator in Health Care for many years. She has been known for her caring and understanding manner with residents and their families, with nursing staff and with the many guests and vendors who come to Health Care.

As Marketing Coordinator, Heather will be the primary source of Timbercrest news for local media

outlets, internet communications, employment advertising and other means of promoting Timbercrest. She will also represent Timbercrest on the North Manchester Chamber of Commerce Board.

Melissa Griffey is the new Nursing Administrative Coordinator in Health Care. She and her family live in Roann.

Thank You:

- The Veterans Day Committee thanks the volunteers and staff who helped provide a meaningful service for Timbercrest Veterans on November 9; special thanks to Jim and Ruth Ribley for the sharp-looking bulletin board on A Street and for keeping our veterans and spouses list current.
- Avonne Lee Knecht thanks the Timbercrest family for the recognition and giant card given to her for her 50 years of service in the Beauty Shop at the November All-Resident Meeting. She is also grateful for the throw made in her honor by Coreen Spencer.

LCCA: Christmas Pops

Western Michigan University's Symphony Orchestra will perform music of the season for the Lakeland Community Concert Association's program **Saturday, December 8, at 7:00 p.m.** at the Performing Arts Center at Warsaw High School. LCCA members in need of transportation can sign up with the Receptionist; departure is at 6:00 p.m. from the Hub. Seating for non-members is available if space allows. Tickets for non-members are \$20 for the performance. Season tickets (including five shows) are \$50 and are available at the door.

Book Cart Christmas Break ☺

Users of the Book Cart will find it parked in the D-E-F Atrium for the month of December. Because of the number of Christmas trees at Timbercrest for the Festival of Trees all month, plus the additional decorations to help the home celebrate, keeping the

Book Cart in one spot helps avoid clutter and congestion. Books will be available all month and Rhonda Nettrouer will keep adding new titles each week. The Book Cart will be on the move again in January!

Welcome to North Manchester

Webb's Family Pharmacy recently opened in North Manchester at 103 N. Heeter St. (the former Indiana Lawrence Bank drive-up, across from New Market). Webb's is a local, independent, family-owned pharmacy offering primarily prescription, orthopedic, compounding and other pharmaceutical services. They carry a complete line of in-home medical and therapy aides. Being locally-owned, Webb's looks for ways to bolster the community with many items locally produced. The pharmacist makes time with individuals to review medication needs, interactions and alternatives and provides professional consultation for Medicare Part D services. Timbercrest may add Webb's to our shopping schedule depending on the demand.



NOAC 2019: Reaching Into Joy

Information on the 2019 National Older Adults Conference of the Church of the Brethren is available at www.brethren.org/NOAC. The conference is **September 2-6, 2019**, at Lake Junaluska Conference and Retreat Center, North Carolina. Registration begins in April 2019. More information will be available to past attendees in January or at the website. If there is interest, Timbercrest will offer transportation to NOAC.

For one coach, we need *seven Timbercrest participants* to ride. For two coaches, we need at least twelve. Seats for non-resident riders will be made available after we know how many Timbercrest participants will be available.

Out and About in the Community

Current Events and Adventures in Learning

Shepherd's Center XXXIII continues with Current Events (CE) and Adventures in Learning (AIL) **Wednesdays** at the Town Life Center, 508 N. Bond St. Transportation departs most weeks at **8:40 a.m.** from the Hub. MedTalk weeks (see schedule) departure is at **8:10 a.m.** Pick-up is after AIL. No sign-up is needed.

The Shepherd's Center Newsletter is available in print or by visiting their website, www.nmshepherd.com.

Please note: Transportation is offered to Shepherd's Center if there is a consistent group of five or more.

Here is the November schedule

- **December 5, 9:00:** CE/NewsTalk – David Waas, retired Manchester University history professor
10:15 – AIL: Norm Gable, *The Village Blacksmith*
- **December 12, 9:00:** CE/NewsTalk – David Waas
10:15 – AIL: Mystery Guest
- **December 19, 8:30:** MedTalk: John Reed, M.D., Intervention Radiologist
9:30 – CE/Newstalk – David Waas

The Shepherd's Center will take a break from December 20 until February 6, 2019.



Holiday Pops to Feature Selections from *The Nutcracker*, *Frozen*

A program for all ages will be performed at Holiday Pops, **Sunday, December 9, at 3:00 p.m.** in Cordier Auditorium at Manchester University. Manchester Symphony Orchestra will perform selections from Tchaikovsky's *Nutcracker* ballet; students from the Wabash Valley Dance Theater will perform as well. There will also be music from Disney's *Frozen* and selections of holiday classics. Admission is \$15 per person (or free to patron donors). Patrons must present their membership card at the door. Sign up at the Notebooks at the Dining Rooms. The coach will depart at 2:30 and make a return trip if necessary. Be sure to be on time.

Night of the Father's Love

A cantata, *Night of the Father's Love*, is presented by Manchester United Methodist Church **Sunday, December 9, at 7:00 p.m.** at the church, 306 E. Second St. Under direction of Terry KcKee, the Chancel Choir will include vocalists and instrumentalists from the community and Manchester University. Jim Smith and Angie Briner are narrators. Refreshments will be served after the program. Please carpool to this event.

An Organist's Christmas

Organist Aaron Tan and the Lakeland Youth Chorale will present *An Organist's Christmas*, **Sunday, December 9, at 2:30 p.m.** at First United Methodist Church, 179 S. Indiana St., Warsaw. A free-will donation will be received.

Tan won First and Audience Prizes at the 2018 American Guild of Organists Young Artists Competition. He has a Ph.D. in Material Science and in Engineering from the University of Michigan.

The Lakeland Youth Chorale gives additional vocal training for students outside public school hours. The chorale has three choirs: Pioccolo Singers (grades 3-5), Vivace (grades 6-7) and Inner Voices (grades 8-10).

If there is interest, Timbercrest transportation to this program may be offered. Sign up in the Notebooks at the Dining Rooms. (Note: This is the same day as Manchester Symphony Holiday program.)

Christmas Events Endorsed by the North Manchester Chamber of Commerce

- ♣ **Breakfast with Santa, Saturday, December 8, from 7:00-10:00 a.m.** at the Congregational Christian Church, corner of Fourth and Walnut Streets. A free-will donation, which goes to *Blessings In A Backpack*, a program that provides supplemental meals for local low-income families on weekends.
- ♣ Holiday movies at the Honeywell Center, Wabash. Admission is \$2 per person:
 - *Miracle on 34th Street*, **Tuesday, December 4, 7:00 p.m.**
 - *The Polar Express*, **Tuesday, December 11, 7:00 p.m.**
 - *It's A Wonderful Life*, **Tuesday, December 18, 7:00 p.m.**