



The Timberline

Monthly Newsletter of TIMBERCREST Senior Living Community
October 2018

Leadership Changes

Sabine Thomas and Christy Huiras have assumed new leadership roles at Timbercrest, the Board announced in September. Sabine is our Administrator, primarily dealing with issues concerning state regulations and compliance. She has held an administrator's license for many years and completed her administrator-in-training program at Timbercrest with David Lawrenz as proctor. Christy has been given the title Managing Director, directing more of the day-to-day work on campus. She is a "director of directors" in her new position. Christy has worked in many capacities for 24 years at Timbercrest and is currently Director of Financial Services.

The Board provided more detailed memos about this transition in mid-September. If you need another copy, please see the Receptionist.

Fellowship Hour: Kayleen Reusser Shares Veterans' Stories



Hoosier author Kayleen Reusser has chronicled the life-stories of dozens of Indiana veterans, including several who live at Timbercrest. She has published her stories in three books and has shared them with hundreds of people throughout the state in a variety of settings.

Reusser will speak at Fellowship Hour, **Friday, October 12, at 2:00 p.m.** in the Assembly Room. She has written nine children's books and The Craft and Cooking Guide to Indonesia. Her interest in collecting the stories of veterans comes from personal and family connections, and the concern shared by many that stories of the lives of many will be lost as the World War II generation dies.

As usual, new Timbercrest residents will be introduced and refreshments will be served.



Holy Communion

Friday, October 5

10 a.m. in the Assembly Room
*Made Known in the Breaking
of the Bread*

Presiding: Chaplain Laura Stone
Special Music: Timbercrest Choir

Friends and family are encouraged to participate with the Timbercrest family;
Interdenominational service

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Films

Friday, October 5: *Miracle*

7:00 p.m., Assembly Room

2:15 hours with captions

The inspiring story of the team that transcended its sport, and united a nation with a new feeling of hope. Based on the true story of one of the greatest moments in sports history, the tale captures a time and place where differences could be settled by games, and a cold war could be put on ice. In 1980, the United States Ice Hockey team's coach, Herb Brooks (Karl Russell), took a ragtag squad of college kids up against the legendary juggernaut from the Soviet Union at the Olympic Games. Despite the long odds, Team USA carried the pride of a nation yearning for a distraction from world events. With the world watching, the team rose to the occasion, prompting broadcaster Al Michaels' now famous question to the millions viewing at home: Do you believe in miracles? Yes!

Friday, October 19: *The Greatest Showman*

7:00 p.m., Assembly Room

1:45 hours with captions

Orphaned and penniless but ambitious, and with a mind crammed with imagination and fresh ideas, American Phineas Taylor Barnum will always be remembered as the man with the gift to effortlessly blur the line between reality and fiction. Thirsty for innovation and hungry for success, the son of a tailor will manage to open a wax museum but will soon shift focus to the unique and peculiar, introducing extraordinary, never-seen-before live acts on the circus stage. Some will call Barnum's wide collection of oddities, a freak show; however, when the obsessed showman gambles everything on the opera singer Jenny Lind to appeal to a high-brow audience, he will somehow lose sight of the most important aspect of his life: his family. Will Barnum risk it all to be accepted?

Sewing Sisters

The Sewing Sisters work on many different projects through the year. You can join them **Monday, October 1, at 1:00 p.m.** in the Quilt Room. Contact Mary Ritchey for details.

Parkinson's Support Group

The Parkinson's Support Group is taking a break for October, November and December. If you need services or support contact Sabine Thomas, 982-3939.

Knitting and Crocheting

Learn a skill that will bring hours of enjoyment – knitting or crocheting! Classes this month are **Wednesdays, October 3 and 24, 1:30 p.m.**, G Wing Lounge. All supplies are provided and our teacher works in one-on-one and small group settings.

Power Walking Starts!

Add a little aerobic spice to your walk – just in time for indoor walking in cold weather. ☺ **Tuesdays at 3:30 p.m.** in the Recreation Room, we'll walk to videos produced by Leslie Sansone. Her walks are timed for a mile and longer distances, and with various levels of increased activity. Power walking is built around walking-in-place, with side-steps and kicks added in for fun. Give Power Walking a try, starting **Tuesday, October 2.**

Tastes on the Terrace

The Honeywell House, Wabash, hosts "Tastes on the Terrace" on the home's outside terrace. Enjoy this culinary opportunity **Wednesday, October 3, 4:45 p.m.**, departing from the Hub. Sign up in the Notebooks outside of the Dining Rooms.

The menu changes weekly. The October 3 menu will be posted on the Timbercrest bulletin board when available. Meal costs range from \$10 for pizza to \$24 for lobster. (Seating is inside if bad weather occurs.)

A long-time cultural, arts and entertainment center in Wabash, the Honeywell House was the home of

Mark and Eugenia Honeywell from 1964 to 1974. Sadly, Mark died in 1964 at 90 years-old; Eugenia died in the house of an electrical fire in 1974. From 1977-2010, Indiana University managed the house as a cultural center. It was gifted to the Honeywell Foundation in 2010, with expanding local programming and events.

The Honeywell House has a few unavoidable steps. Meal cost and gratuity are on your own. Questions? Call Rhonda Nettrouer, 982-3925 or email rnettrouer@timbercrest.org

Grief Support

“Grief is a natural, normal, instinctive way of coming to grips with the loss of something you prize or someone you love. Grief has one very important purpose: to help you return to life and to go on living so you can find meaning again in your days, fulfillment, even joy.”

James Miller, *When Mourning Dawns*

If you desire to connect with others who are grieving, to journey down the winding road of loss with good companions on a similar journey, join the Grief Support Group, **Thursday, October 4, 2 p.m.**, in B Lounge. If you have questions or just want to talk, contact Laura Stone, 982-3938 or lstone@timbercrest.org

Drama Group Continues to Meet

Director Scott Strode will lead the Timbercrest Drama Group on **Thursdays, October 4 and 18, at 2:00 p.m.** October 4, will be in the Snack Shop; October 18 will be in the Conference Room as the Snack Shop is unavailable.

Choir Practice

Each **Tuesday at 10 a.m.** the Timbercrest Choir practices in the Assembly Room. The choir will perform at the Fall Communion Service Friday, October 5, and at Fellowship Hour, Friday, December 14. Practice on Tuesday, October 16, will be in the Chapel due to the Timbercrest Pastors’ Conference in the Assembly Room.

Brain Fitness: A Powerful Memory

Two more lectures in the Brain Fitness Series “Scientific Secrets for Building A Powerful Memory” will be shown **Fridays, October 5 and 19** in the Chapel. On October 5 the video is at 2:00 p.m. (due to the communion service that morning); October 19 is at 10:35 a.m.

Dr. Peter Vishton is an award-winning scholar at The College of William & Mary. He has spent decades studying the secrets of human memory. Newcomers are always welcome to this series.

Storyteller to Entertain

Sharon Dillman is the monthly storyteller in Health Care. She brings recreations of the stories of historical figures, authors and fictional characters each month. She will be in the Health Care Family Room **Tuesday, October 9, at 2:00 p.m.** Refreshments are served following.

Knit for Kids

A simple action, like knitting, can make a difference. Join Knit for Kids, making caps, sweaters and blankets for children around the world. The next meeting is **Tuesday, October 9, at 1:30 p.m.** in the Education Room (west basement). Ann Rehrig coordinates this group.

Folk Dancing

A group has enjoyed folk dancing for several months, but it seems to be time for a change. Folk dancing will be **Fridays, October 12 and 26, 3:30 p.m.**, in the Recreation Room. We’ll dance some of the familiar dances we’ve learned and periodically pick up a few new steps and patterns.

Book Club

Book Club meets **Monday, October 8 at 2:00 p.m.** in the Guest Dining Room. Books are provided. Questions? Contact Marianne Shenefield, 982-3959 or mshenefield@timbercrest.org

October Chapel Speakers	
Devotions are offered weekdays in the Chapel; Monday through Friday at 8:15 a.m., except Wednesday; Wednesday EvenSong is at 4:00 p.m	
Day/date	Speaker
Mon., Oct. 1	Cheryl Thomas
Tue., Oct. 2	Betty Kelsey
Wed., Oct. 3	EvenSong
Thur., Oct. 4	Barb Wood
Fri., Oct. 5	David Rogers
<i>Sun., Oct. 7</i>	<i>Laura Stone</i>
Mon., Oct. 8	Dick Long
Tue., Oct. 9	Frank Ramirez
Wed., Oct. 10	EvenSong
Thur., Oct. 11	
Fri., Oct. 12	Bob Pfeiffer
<i>Sun., Oct. 14</i>	<i>Lillian Brumbaugh</i>
Mon., Oct. 15	Erin Huiras
Tue., Oct. 16	Val Kline
Wed., Oct. 17	EvenSong
Thur., Oct. 18	Conrad Thompson
Fri., Oct. 19	Tim Morphew
<i>Sun. Oct. 21</i>	<i>Juanita Rapp</i>
Mon., Oct. 22	Justin Lasser
Tue., Oct. 23	<i>Todd Hammond</i>
Wed., Oct. 24	EvenSong
Thur., Oct. 25	Tim Waits
Fri., Oct. 26	Dennis Beckner
<i>Sun., Oct. 28</i>	<i>Al Hohl</i>
Mon., Oct. 29	Brice Bedke
Tue., Oct. 30	Jane Willmert
Wed., Oct. 31	EvenSong

NMHS: Rare Revolutionary War Battle in Indiana

Dr. Russ Gilliom will make a presentation on the Augustin DeLaBalme Memorial Site on the Eel River for the North Manchester Historical Society Meeting **Monday, October 8, at 6:30 p.m.** in the Assembly Room.



French cavalry officer Augustin DeLaBalme came to the United States to assist in the American Revolution in 1777. In 1780, General Clark's capture of Fort Sackville at Vincennes inspired him to attempt a similar feat against the British at Fort Detroit. DeLaBalme recruited militia from Kaskaskia, Cahokia, Vincennes, Ouiatenon (now West Lafayette) and Kekionga (the present Fort Wayne). His force eventually marched along the Eel River where it was attacked by Miami Chief Little Turtle. DeLaBalme died in the battle, and Little Turtle gained a reputation as a successful war chief.

Dr. Gilliom is president of the Whitley County Historical Society and president of the 30th Indiana Civil War Re-enactors, where he participates as an infantry soldier, artillery crew member, medical officer and brown-water sailor of the period.

He gives presentations on a variety of historical subjects, with emphasis on Civil War history, other 1860s topics and early Indiana history. In addition to historical research, Gilliom is a retired dentist (after 38 years); he is chair of the Whitley County Board of Health. He and his wife have taken numerous dental mission trips to India, Haiti, Jamaica, Mexico and in the U.S. He helped establish four dental treatment centers overseas. He is active in his church and is also a member of the Mennonite Choral Society in Berne, participating in the oratorio *Messiah* for the past ten years.

Praying with Scripture – *Lectio Divina*

Praying with Scripture is a way of reading the Bible wherein the reader lets go of their own agenda and opens themselves to what God wants to say. This practice has been a fruitful source of growing in relationship with Christ for many centuries and is being rediscovered by many individuals and groups.

This group is for everyone interested. It gathers to listen at the deepest levels of their being to God, who speaks within "with a still, small voice." Led by Larry Fourman, the group will meet **Thursday, October 11, at 10:30 a.m.** in the Chapel.

TUG to Learn About Computer Repairs

The Technology Users Group (TUG) will have Robin Johnson, a local computer expert, as guest speaker for the **October 15** meeting at **10:15 a.m.** in the Conference Room. Robin does operational repairs on both PC's and Apples. He has favored Timbercrest

by being readily available to do on-site repairs within normal business hours. All TUG members and other computer users are sure to find his presentation informative and helpful. ***Come with your questions and leave with answers!***

MoveWell: Exercise and Education

Cathy Vasil, educator with HTS Therapies, will share about "Exercise and Education" on **Thursday, October 18**, at 1:30 p.m. in the Snack Shop. Everyone is welcome to attend this meeting.



Dr. James Ford Historic Home Tour

Tour the Dr. James Ford Historic Home, Wabash, on **Friday, October 19**, departing from the Hub at **1:30 p.m.** The Ford Home is an experience in 19th-century daily living. The activities of Dr. Ford's family in the years before, during and after the Civil War are featured, including a representation of Dr. Ford's medical office located on the ground floor. Dr. Ford was an early planner for Wabash's development; his descendants began and still run Ford Meter Box Co., the county's largest employer.

The guided tour is \$4.00 per person and handicap accessible. Money will be collected on departure. Sign up in the Notebooks outside the Dining Rooms. Contact: Rhonda Nettrouer 982-3925 or nettrouer@timbercrest.org

Joyful Jubilees Perform

Positive promotion of God's love is the message of the Joyful Jubilees, who sing each month in the Health Care Family Room. Under the direction of Alicia Evans, the group sings old familiar Gospel songs and brings in some newer tunes. The Jubilees will sing **Tuesday, October 23, at 10 a.m.** in the Family Room.

Seniors for Peace: On Earth Peace

The October program for Seniors for Peace will be Lamar Gibson of On Earth Peace, **Thursday, October 25, 10 a.m.** in the Chapel. Gibson is a fundraiser and consultant on development, engaging On Earth Peace constituents and expanding the community of supporters of justice and peace.

He has traveled extensively, studying cultures of the American South and Southern Africa. He enjoys hiking, road trips, and politics in his hometown of Charlotte, N.C.



Lunch Out 380 Smokehouse and Grill

October Lunch Out is to 380 Smokehouse and Grill, Wabash, **Thursday, October 25, departing from the Hub at 10:45 a.m.** The 380 Smokehouse specializes in BBQ and smoked foods, and everything is done in-house daily (pork, brisket, ribs, chicken and meatloaf). All sides are homemade. They also serve burgers, tenderloins, steaks and seafood. A complete menu can be seen at www.380smokehousegrill.com

The restaurant owners, Trent and Diane Miller, have been in the restaurant business since 2008. 380 Smokehouse is located in the former Jim Dandy Restaurant on Manchester Avenue.

Meal cost and gratuity are your responsibility. Sign up in the Notebooks outside of the dining rooms. Questions? Call Rhonda Nettrouer, 982-3925.

Midweek Break

Join Timbercrest friends and family each **Wednesday, from 2-3 p.m.** in the Snack Shop on A Street for a delicious treat (and witty repartee ☺). This month:

- October 3** Banana Split Sundaes
- October 10** S'mores Mix
- October 17** Mandarin Orange Dessert
- October 24** Waffle-Sugar Cones
- October 31** Popcorn Parlor

There is never a charge for these special afternoons!

Peace Corner

“Peace” is a very broad concept. It is a concept communicated in literally every culture of the world and in every language. And yet peace so often seems absent. What can anyone do as an individual to promote peace constructively?

One way to promote peace in the world – and with your neighbors at Timbercrest – is to take an active interest in one or two specific areas and work on them. Everyone's desire may be “world peace,” but the reality is that peacemaking begins at home.

- Do you know of conflict with or between your neighbors that you might help resolve?
- Maybe your support of peace can come through supporting businesses like One World or Accessories for Hope, which give direct support to artisans in often difficult situations.
- Taking an interest in a specific person or cause helps focus peacemaking. A local woman, Rachel Gross, has a campaign to simply write letters to prisoners on death row (several at Timbercrest participate in this). How might your personal interest bring peace to others?
- Learn about a specific area of government handling peace in an area of interest... housing, or medical support for children, etc. Contact them for information and about your interest.
- What is your church doing? Most denominations have a bureau or some agency that can address your concerns in a way that also communicates your faith.



Ceramics... Mondays... 1:30 p.m.... Craft Room...

Be there or be ... ☺

Notices

Avonne Lee Retires

After 50+ years working in and managing the Timbercrest Beauty Shop, Avonne Lee Knecht has put down the permanent rods. Many people have been cared for with love in her shop on A Street.

Avonne Lee writes, "Thank you... over 50 years managing and working the Beauty Shop I have retired. It has been a great trip and I appreciate each one who has made it an experience to be remembered. Thanks for the memories... Avonne Lee."

An appreciation event will be conducted for Avonne Lee's years of service at a future date.

Flu-Shots Offered

Flu shots will be available for residents and employees on **Wednesday and Thursday, October 3 and 4**, from **8 a.m. to 5 p.m.** in M Wing Lounge. (There will be a break from Noon-1:00 p.m. each day.)

There is no charge for the shot, and residents are asked to bring their insurance cards with them.

Accessories for Hope

Shopping with a "conscience" is provided through Accessories for Hope, which will have a sale at Timbercrest **Wednesday, October 3**, from **11:30 a.m. to 2:00 p.m.** in the Assembly Room.

Goods largely crafted by women in the developing world are featured at a "fair trade" price, which benefits their work in their homeland. There are dresses, blouses, necklaces, handbags and many jewelry options available at very reasonable prices.

Sherry Searles, wife of Maintenance Director Steve Searles, runs this ministry at no personal gain.

Bible Study Ends

The Spiritual Life Committee has decided to cease the Saturday Morning Bible Study. It appears to have run its course. The classes were intended to provide the International Sunday School lessons for people who are unable to attend Sunday School at their own church. Be sure to check your Timberline for many other opportunities for Christian spiritual nurture.

Pastors' Conference

Tuesday, October 16, Timbercrest hosts the Annual Pastors Conference for area pastors of all denominations and for Church of the Brethren pastors in both of our sponsoring districts. The meetings are offered through lunch in the Assembly Room; retired clergy who live at Timbercrest are welcome to attend. RSVP to Faith Miller, 982-3946 or fmiller@timbercrest.org Check with your pastor and see if they're coming, too!

Retired Teachers to Meet

The Wabash County Retired Teachers Association will meet at Timbercrest **Thursday, October 18**, in the Assembly Room. This is an RSVP event for members.

Timbercrest Shirts Available!

Polo-style shirts are for sale in the Neighborhood Market in a variety of colors. (If your size is not available, it can be ordered and will arrive soon; shirts are embroidered locally.) The shirts have the Timbercrest logo and *Timbercrest Senior Living Community*. Colors and pricing can be seen on the display in the Neighborhood Market. Contact Melissa Shorter with questions, 982-3950 or mshorter@timbercrest.org

Art Class Offered

Join the Art Class! Monday, **October 15, 2:00 p.m.** in the Snack Shop. All supplies are provided. Bring your creativity along! ☺ Questions? Contact Marianne Shenefield, 982-3959 or mshenefield@timbercrest.org

Win Big Money at Bingo!!

Not really... just come have fun (and win candy). **Wednesdays and Fridays at 11:00 a.m.** in the Assembly Room. There is no Bingo on Friday (October 5) due to Communion and Friday, October 26, due to Coffee In.

Welcome to the Family

Danna and Kevin Walter moved to 303 Hickory Lane on September 10 from their home on Sycamore Street in North Manchester.

Kevin taught junior high school language arts in North Manchester from the year he received his Master's degree from Ball State until the time he retired. Kevin has loved sports all his life and enjoys traveling. He attends St. Robert's Catholic Church.

Danna received her nursing degree from Ball State and has worked at several health care institutions, including Wabash County Hospital and Peabody Retirement Community. Plants and gardening are her favorite activities these days. Danna attends the United Methodist Church.

More complete life stories of Timbercrest residents, plus photos, can be found in binders on the desk across from the Timbercrest library.

Out and About in the Community

Shepherd's Center

The 33rd year of the Shepherd's Center continues with Current Events (CE) and Adventures in Learning (AIL) **Wednesdays** at the Town Life Center, 508 N. Bond St. Transportation departs most weeks at **8:40 a.m.** from the Hub. MedTalk weeks (see schedule) departure is at **8:10 a.m.** Pick-up is after AIL. No sign-up is needed.

The Shepherd's Center Newsletter is available in print or by visiting their website, www.nmshepherd.com.

Please note: Transportation is offered to Shepherd's Center if there is a consistent group of five or more. There were only four on average in September. We will consider other transportation options in November if there are no more participants. Here is the October schedule:

- **October 3, 9:00:** CE – James Elliott, drone entrepreneur: *What Are Drones and What Can They Do?*
10:15 – AIL: Dave Hicks: *Edible Plants*
- **October 10, 9:00:** CE/International: Zander Willoughby, Manchester University peace studies intern
10:15 – AIL: Roger Eberly: *Cuba – A Living Experiment*
- **October 17, 8:30:** MedTalk: Bill Dugan, M.D., oncologist at Methodist Hospital, Indianapolis; creator of the network of "Oncology Care Centers," discussing possibilities for genomic testing (first of a two-part series)
9:30 – CE: Russia with David Swartz, U.S. State department retired
- **October 24, 9:00:** CE/National with Leonard Williams, M.U. professor of political science
10:15 – AIL: Marilyn Custer Mitchell: *New Services at a New Hospital*
- **October 31, 9:00:** CE/Economics with Matt Hendrix, M.U. professor of economics, retired
10:15: AIL: Bill Leonard: *The Floral Industry, Start to Finish*

Manchester Symphony Season Begins

The 80th season of the Manchester Symphony Orchestra begins **Monday, October 29, 2018** at 7:30 p.m. in Cordier Auditorium at Manchester University with a special program, *The Universe at an Exhibition: A Science and Symphony Event*. In addition to featuring local high school presentations and art, the orchestra will perform Mussorgsky's *Pictures at an Exhibition*, accompanying motion picture with Dr. José Francisco Salgado.

For non-patron members of the symphony, concert tickets are \$15 per person, available at the door. Transportation will depart from the Hub at 7:00 p.m.