A Fond Farewell,
A Hearty Welcome

The Timbercrest family will bid a very fond adieu to Executive Administrator David Lawrenz at Fellowship Hour, **Friday, January 12, at 2:00 p.m.** in the Assembly Room. David is retiring after 43 years of service at Timbercrest. He has served 39 of those years as Administrator (or Executive Administrator), having started as an orderly.

There will be opportunity for sharing with and about David at Fellowship Hour. Refreshments will be served. New members of the Timbercrest family will be introduced at this time, also.

Timbercrest welcomes John Loop beginning Monday, January 8. John will have the title Chief Executive Officer (designated by the Timbercrest Board of Directors). John will be seen in many different capacities the week of January 8-12, as David and other department heads show him around the community. Everyone is encouraged to welcome John. He and his family moved to North Manchester in late December. John is married and has two young children.

John will be the home’s fourth administrator in 62 years, following Homer Shrock (1956-1960), Orville Sherman (1960-1979) and David Lawrenz (1979-2018); he is the third since Timbercrest moved to North Manchester from Mexico, Indiana, in March 12, 1968.

**North Manchester Documentary at Historical Society**

*A Sense of Place*, a documentary on North Manchester history, will be shown at the **Monday, January 8,** meeting of the North Manchester Historical Society at **6:30 p.m.** in the Assembly Room. A brief business meeting will include reports on activities of N.M.H.S. for 2017, electing board members, and updates on museum plans and programs for 2018. *A Sense of Place* is the work of James R.C. Adams, Charles Boebel and Mary Chrastil, with interviews from many local residents from 2014-2016. Copies will be available for purchase at the program.

**Inside Your Timberline**

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New Year’s Day (Monday), January 1:  
*Marley and Me*  
7:00 p.m., Assembly Room  
1:55 hours, with captions  
After their wedding, newspaper writers John and Jennifer Grogan (Jennifer Anniston and Owen Wilson) move to Florida. While discussing when to have children, John gives Jennifer a puppy. While puppy Marley grows into a 100-pound dog, he loses none of his puppy energy or rambunctiousness. Meanwhile, Marley gains no self-discipline. His antics give John rich material for his newspaper column. As the Grogans mature and have children, Marley continues to test everyone’s patience by acting like the world’s most impulsive canine.

Friday, January 19: *West Side Story*  
7:00 p.m., Assembly Room  
2:31 hours, with captions  
A love affair is fated for tragedy amidst the vicious rivalry of two street gangs, the Jets and the Sharks. When Jets member Tony (Richard Beymer) falls for Maria (Natalie Wood), the sister of the Sharks leader, it’s more than these two warring gangs can handle. And as mounting tensions rise, a battle to the death ensues, and innocent blood is shed in a heartbreaking finale.

Decoration Removal January 2  
All good things must come to an end, and so it is with Christmas décor. Staff and volunteers will take down trees from the Festival of Trees beginning January 2. Wing decorations can be removed by those who live in the wings.  
Wings that would like Program and Services to store decorations, should put them in boxes *clearly labeled* with the Wing name. Leave boxes in the wing lounge and they will be picked up. E, F and Lower I wings can leave boxes at the end of the corridor and they will be picked up there. Decorations are stored in the Fitness Center storage room or in “Santa’s Workshop” in the west basement. Thanks!  
Contact Brian Daniels, 982-3940, for details.

Special Christmas Décor Help Wanted  
The Festival of Trees Committee is seeking resident volunteers who are willing to cut lights off of some of the pre-lit trees used in the Festival.  
These trees belong to Timbercrest and were provided to kick off the first Festival, five years ago. Unfortunately, the lights no longer work, but the trees are still good.  
Volunteers looking for a project like this would be much appreciated! Contact Carrie Vineyard, 982-3924, to help.

Knitting-Crocheting Winter Warmth  
Did you know knitting is not just for women? There is a man at Timbercrest who has made afghans for all his children and grandchildren and is now working on afghans for his great-grandchildren!

Brain Fitness in January  
The Brain Fitness lecture series “Your Best Brain” continues *Fridays, January 5 and 19, at 10:35 a.m. in the Chapel.* The January lectures are *How Your Brain Manages Stress* and *Your Social Brain.* Each lecture is followed by a short discussion. JoAnn Schall provides handouts for everyone for each lecture.

Wellness Awareness Week is January 8-12  
Be sure to see page 7 of this month’s Timberline with all the exciting programs for Wellness Awareness Week! As in years past, participants in any of the special wellness programs will receive tickets for a drawing for fabulous prizes to be announced at Fellowship Hour, *Friday, January 12, at 2:00 p.m.* in the Assembly Room.  
In addition to the special wellness events, tickets will be given for participation in the following regular events:  
- Regularly scheduled exercise classes: Chair Aerobics, Tai Chi, Strength Training and Yoga.  
- Daily Chapel services  
- EvenSong  
- Using the Fitness Center: tickets can be picked up at the Receptionist (honor system)  

See page 7 and the A Street bulletin boards for complete Wellness Awareness Week details ☺
Local Shopping Times

Shopping at New Market, Dollar General, The Hardware and Allen Feeds is each Monday (except New Year’s Day), departing from the Hub at 9:30 a.m.

Shopping at CVS, Manchester Marketplace and taxi service to other locations is each Thursday, departing from the Hub at 9:30 a.m.

If you are unable to go with the shopper, leave a detailed shopping list for Marianne Shenefield in her office. Forms are available, if needed. Be sure to include brands, quantities, colors, etc. Contact Marianne, 982-3959.

Internet Shopping Continues

Shopping online is available Wednesdays, January 3 and 17, from 1:00-2:00 p.m. Melissa Shorter is the online shopper. Leave a list for Melissa in Campus Mail or stop by her office during the internet shopping times.

This service is offered especially for those who may not be comfortable shopping online from their own home or who may not have a computer. Questions? Contact Melissa, 982-3950.

Sewing Sisters

Sewing Sisters will meet Monday, January 8, at 1:00 p.m. in the Quilt Room. They are working on several projects for the benefit of others. Contact Mary Ritchey, 982-2112, for details.

Health Care-Crestwood to Hear Storyteller

Storyteller Sharon Dillman will share another character interpretation from history or literature Tuesday, January 9, at 2:00 p.m. in the Health Care Family Room. Dillman is a retired teacher from North Miami Elementary School who has shared her passion for learning with Timbercrest audiences for many years.

Church-Pastor Lunches

Members and friends of these congregations are invited to lunch with their pastors in January. Sign up in the Notebooks at the Dining Rooms to RSVP:

- Eel River Community Church of the Brethren, Thursday, January 4, Noon, Snack Shop: contact Roger Eberly, 982-0084
- Manchester Church of the Brethren, Wednesday, January 10, Noon, Assembly Room: contact Wilbur McFadden, 578-8280

Walmart, Here We Come!

The monthly trip to Wabash Walmart will be Thursday, January 11, at 1:30 p.m., departing from the Hub. Sign up in the Notebooks at the Dining Rooms. Unable to go? Put a shopping list in Campus Mail by Noon on January 11. Be sure your shopping list includes: quantities, brands, substitutions, colors, etc., and your phone number. Purchases are delivered upon return from Walmart, and bills are put in Campus Mail the following day. Questions? Brian Daniels, 982-3940.

Martin Luther King Observance

A vigil to commemorate Martin Luther King Day will be offered at 4:00 p.m., Monday, January 15, in the Timbercrest Chapel. The vigil will include readings, singing, prayers and short video clips of King’s life.
Learn Photo Editing at TUG

TUG (Technology Users Group) meets Monday, January 15, 10:15 a.m., in the Conference Room. January’s “TUG Tip” is from Dianne Wichern, who will demonstrate “Easy Photo Editing with Windows 10.” Dianne will share how to use simple editing tools to crop photos, size photos, brighten photos, remove red eye, and more. Windows 10 automatically provides these basic tools so that other photo editing software is not needed. There will be time to raise electronic-device-related questions, and maybe even get some answers.

Everyone is invited, even if you aren't having problems with your computer or other electronic devices! Questions? Contact Gary Heisler, (517)420-2956.

Book Club Meets

The monthly Timbercrest Book Club meets Monday, January 15, at 2:00 p.m. in the Guest Dining Room (west basement). Books are provided. Contact Marianne Shenefield, 982-3959.

Partner with Employees for Valentine’s Day

Residents and staff will partner together for “Secret Valentines” from Feb. 1-14. Sign-ups begin January 15. Partners will be randomly drawn (no requesting partners for both staff and residents). Guidelines are simple:

♥ Send three simple Valentines to your partner. These can be homemade or very inexpensive:
- One to arrive for your partner on the ‘kick-off day’ February 1
- One to arrive randomly during the week of February 4-10
- One to arrive at the ‘reveal party’, Wednesday, February 14, at 1:30 p.m. in the Recreation Room (basement, near pool tables)

♥ In addition, Partners (both residents and staff) should plan on a small, simple gift, costing less than $2. This can be a large candy bar, a Valentine’s trinket, or something hand-made.

♥ Employees and residents will follow exactly the same guidelines.

♥ Full details of being a Secret Valentine will be on the bulletin boards.

Being a Secret Valentine is a simple, meaningful way to help share love and develop new relationships for everyone at Timbercrest.

Transportation: New Drivers Accepted 😊

Are you a volunteer driver? Would you like to be? Join Brian Daniels and Kelli McCombs for our Volunteer Driver Appreciation and Recruitment Breakfast, Tuesday, January 16, at 10:00 a.m. in the Snack Shop. Doughnuts and fruit will be served with coffee, hot tea or hot chocolate. RSVP by phone or email to Kelli McCombs, 982-3941, or kmccombs@timbercrest.org

Epiphany Tea

The English tradition of an Epiphany Tea, will be Tuesday, January 16, at 2:00 p.m. in the Assembly Room. Epiphany-tide (as the English say) is from Epiphany (January 6) until Ash Wednesday (this year February 14). The custom of a “tea” celebrates the Three Kings’ visiting Christ Child (and break up January doldrums).

Refreshments include a variety of teas or hot cider and “king cakes,” which are baked with small trinkets inside them. Those who find the Christ Child trinket are “king” or “queen” for the day. There are crowns for those who find the Christ Child in their cake.

Flavored teas represent the spices brought by the Magi to Christ. Entertainment is by the Silvertones, singing Epiphany and winter songs. RSVP is a must. Sign up in the Notebooks at the Dining Rooms by Noon, Thursday, January 11.

Knit for Kids…

… Tuesday, January 9 at 1:30 p.m. in the Guest Dining Room. See you there!
Drama Group: Acting Up
The Timbercrest Drama group will meet Thursdays, January 4 and 18, at 2:00 p.m. in the Snack Shop. Retired theater professor Scott Strode leads this group. Questions? Contact Scott, 982-0046.

Nineties Club: Speaking to a New Generation
Timbercrest interns from Manchester University in January and the Spring Semester will share at the Nineties Club Thursday, January 18, at 2:00 p.m. in the Timbercrest Chapel. Everyone 90 years and older and their spouses are welcome to attend this meeting.

Game Night: Fun and Food!
Game Night will be Thursday, January 18, at 6:15 p.m., in the Recreation Room (west basement, where the pool tables are). All residents are invited. Card tables will be set up along with the ping pong table, billiard tables and a basketball game. Bring your favorite table games to share with others. Light Snacks will be served. Questions? Call Rhonda Nettrouer, 982-3925.

Art with Don
Explore and express your inner self through Art with Don, Monday, January 22, at 2:00 p.m. in the Snack Shop. All materials are provided: just bring your imagination! Contact Chaplain Don, 982-3938.

Lunch out: El Mezquite
The next Lunch Out is to El Mezquite, Tuesday, January 23, departing from the Hub at 11:00 a.m. El Mezquite is one of North Manchester’s most popular restaurants, serving generous portions of authentic Mexican food in a fast, friendly environment. Sign up in the Notebooks at the Dining Rooms. Meal cost and gratuity are on your own. Contact Rhonda Nettrouer, 982-3925.

Hand-Crafted Valentines
January’s We Care Craft is hand-made Valentine cards. Supplies are provided, but sign-up is necessary so there is enough for everyone. Come, enjoy working with your hands and good fellowship, Monday, January 29, at 2:00 p.m. in the Fine Arts Room (west basement). Contact Marianne Shenefield, 982-3959.

Campus Mail: Did You Know?
Did you know that Campus Mail is available to everyone at Timbercrest for free? If you are sending a card to a Timbercrest friend, sending notices about a meeting, sharing a magazine or newspaper – or anything that can be sent to someone else who lives at Timbercrest, it can be sent through Campus Mail at no charge. This includes mailings to people who live in Neighborhood Homes (and from Neighborhood Homes to the Manor).
There is a slot for “Campus Mail” at the Rose Garden and Courtyard Post Offices. You can also give items for Campus Mail to the Receptionist.
Campus Mail is delivered every Tuesday and Friday to the Neighborhood Homes. And now you know... 😊

Smith-Lynn Present Violin-Cello Program
Timbercrest favorites Robert Lynn and Elizabeth Smith will perform a program of cello and violin duets on Thursday, January 25, at 2:00 p.m. in the Assembly Room. Lynn is Joe and Barb Driskell’s son-in-law and adjunct music faculty at Manchester University. Smith is professor of music and music theory at Huntington University and director of the University Symphony.
Tour DeBrand Fine Chocolates

Tour DeBrand Fine Chocolates, Fort Wayne, Tuesday, January 30, departing from the Hub at 8:45 a.m. In 1987, Cathy Brand-Beere (founder of DeBrand’s) began making delicious chocolates from imported Belgian chocolate and fresh local ingredients. To learn more about the company, a short video about the history of the company will be shown on arrival. After the video, the group will be guided past the kitchens and view the chocolate-making process through glass windows.

Participants will be given several free samples of the gourmet chocolates. The tour lasts about 45 minutes. The tour is $5.00 per person. You will receive a $5.00 coupon with any purchase over $10.00 in the on-site gift shop.

Following the tour, lunch awaits at Bob Evans Restaurant near DeBrand’s. Cost of the meal and gratuity are your responsibility. Sign up in the Notebooks at the Dining Rooms. Questions? Call Rhonda, 982-3925.

Medicare and Insurance Updates

Please help keep your file up-to-date. ☺ If you had a change in health insurance coverage during the past year or have a new coverage effective in January, bring new insurance cards to the Receptionist so a copy can be placed in your file. Having the correct information in your file helps staff provide quicker service if the need arises. Contact Yvonne Weston, 982-3955, with questions.

NEW Medicare Cards Coming Soon

New Medicare cards will be mailed April 2018-April 2019. Your card will have a NEW Medicare Number instead of your Social Security Number. Make sure your mailing address is up to date with Social Security Administration so you get your new card. MANOR RESIDENTS: This means changing your address with Social Security to 2201 East St. from P.O. Box 501.

Information will be posted on Bulletin Boards in January and information will be included with January statements. Timbercrest staff need to have copies of new cards once they are received to keep our records up to date. Contact Yvonne Weston, 982-3955, with questions.

Celebrating Fifty Years!

The move from the Mexico Home to Timbercrest transpired on a very chilly and snowy March 12, 1968. To mark the anniversary, March 23, 2018, there will be a hoopla provided for one and all. Organist Matt Gerhard will offer a celebratory concert on the Assembly Room organ, refreshments and general glad-handing will be aplenty.

Do you have a story, picture, remembrance or anecdote about the Mexico Home that you would like to share? We would like to provide a special insert to the March Timeline with your information, plus excerpts from A Century of Service (the book written for the Church of the Brethren Home Centennial in 1989).

Share your stories, photos, etc. with Brian Daniels, 982-3940. If you would rather have pictures scanned to the computer, the Timbercrest Receptionist and Front Office staff can assist you.

Mid-Week Break

Stop by the Snack Shop Wednesdays from 2:00-3:00 p.m. for a little picker-upper refreshment – and good fellowship with neighbors and friends. This month:

- January 3 Finger Snacks
- January 10 Snowbank Sundaes
- January 17 Coffee and Doughnuts
- January 24 Popcorn Parlor
- January 31 Mini-muffins & Hot Drinks
Wellness Awareness Week
January 8-12 – All over the Timbercrest Campus
Special programs and incentives to be healthy in 2018

Tickets – Tickets – Tickets
✓ Back by popular demand (well, sort of) – Tickets for attending Wellness Awareness Week events
  o Participants in any special wellness programs this week receive tickets
    ▪ A drawing for Fabulous Prizes will be conducted Friday (Dec. 12)
    ▪ Participants can deposit tickets in receptacles at the Timbercrest Post Offices any time during the week
  o Get a ticket at Special W.A.W. Programs (see the list below)
  o Get a tickets at Regularly scheduled Exercise Classes:
    ▪ Chair Aerobics, Tai Chi, and Strength Training
    ▪ See your Timberline calendar for days, times and locations
    ▪ Visitors are always welcome to these opportunities
  o Daily Chapel services – 8:15 a.m. in the Chapel (daily except Wednesday)
  o EvenSong – 4:00 p.m. Wednesday in the Chapel
  o Personal use of the Fitness Center: tickets can be picked up at the Receptionist (honor system)
  o Participate in active games: Billiards, Table tennis, Basketball (with a partner in Rec Room): tickets at Receptionist (honor system)
  o Walking: Walking regular laps in the Manor or distances outdoors for exercise: tickets at Receptionist (honor system) – Walkers may pick up a W.A.W. walking log at the Receptionist on Jan. 8
✓ Winners will be announced at Fellowship Hour, Friday, January 12, at 2:00 p.m. in the Assembly Room.

Come to these special
Wellness Awareness Week Programs
Everyone is welcome to all of these programs – all are in the Assembly Room unless noted otherwise!
✓ Monday, January 8, 1:30-3:30 p.m. – Open House in the Timbercrest Fitness Center: become acquainted with the cardio and strength training opportunities right on our own campus
✓ Tuesday, January 9, 10:00 a.m. – All About Tai Chi with Greg Vick; Vick has been a Tai Chi instructor (sifu) in Auburn since 1998 and is owner of Changing Dragon Hall at the Auburn Martial Arts Center; he teaches five Tai Chi classes a week and has provided teaching opportunities at Timbercrest in the past; Tai Chi is a quiet, low-impact form of exercise that yields tremendous results
✓ Tuesday, January 9, 2:00 p.m. – Wabash Oncology Center with Dr. Kenneth Pennington; Dr. Pennington will provide an introduction to the new oncology center at Wabash Parkview Hospital
✓ Wednesday, January 10, 2:00 p.m. – Developing Personal Wellness with Cathy Vasil, educator with MoveWell; Vasi’s programs have helped provide information for Timbercrest over the last few years
  o Special: 2:30 p.m. – Grip Strength Assessments by Cathy
  o Snowbank Sundaes in the Snack Shop will be served following this program
✓ Thursday, January 11, 10:00 a.m. – Confessing as a Practice toward Healing with spiritual director Larry Fourman; Fourman will provide insights toward physical, emotional, psychological and relational healing gleaned from James 5:13-18; Larry has practiced spiritual direction for many years
✓ Friday, January 12, 2:00 p.m. – Fellowship Hour; a fond adieu to David Lawrenz; prizes for Wellness Awareness Week will be distributed to drawing winners – be sure to have your tickets turned in by Noon!